



AUGUST



Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age 3.

EmBe Education strives to be peanut free. 100% Fruit Juice and/or water is served with snacks. Water is available in classrooms and with all meals. Whole grain items are identified as WG.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cold Cereal Juice Milk Hotdogs WG Bun Fresh Carrots Mandarin Orange Milk Chips, Salsa, String Cheese	4 Banana Bread Juice Milk WG Breaded Chicken WG Bun Corn Peaches Milk WG Elf Grahams, Yogurt	5 WG Muffin Juice Milk Meatball WG Dinner Roll Side Salad Pears Milk Pretzels with Cheese & Milk	6 Cold Cereal Juice Milk WG Chicken Strips WG Dinner Roll Peas Mixed Fruit Milk WG Goldfish, Pears	7 Fresh Fruit & Yogurt with Toast Juice Milk Dino Nuggets WG Dinner Roll Green Beans Pineapple Milk Banana Bread and Watermelon
10 Cold Cereal Juice Milk BBQ Chicken WG Bun Peas Pineapple Milk WG Cinnamon Goldfish, Pears	11 WG Muffin Juice Milk WG Chicken Nuggets WG Dinner Roll Green Beans Applesauce Milk Meat Sticks, Cheese Cubes, & WG Crackers	12 Banana Bread Juice Milk Chicken Sticks WG Dinner Roll Corn Peaches Milk WG Grahams, Yogurt	13 Bagels & Cream Cheese Juice Milk Meat & Cheese Nachos Lettuce & Cheese Pears Milk WG Cheez-Its & Apple Slices	14 Cold Cereal Juice Milk Cheeseburgers WG Bun Baked Beans Mandarin Oranges Milk Banana Boats & WG Elf Grahams
17 Cold Cereal Juice Milk Sloppy Joes WG Bun Mixed Veggies Apple Slices Milk Veggie Wheat Thins & String Cheese	18 Waffles Banana Milk Meatballs WG Dinner Roll Corn Peaches Milk Belvita & Milk	19 Eggs and Sausage Juice Milk Mac & Cheese WG Dinner Roll Carrots Mixed Fruits Milk WG Cinnamon Goldfish & Banana	20 WG Muffin Fresh Fruit Milk Chicken Alfredo WG Dinner Roll Lettuce/Cheese Mandarin Oranges Milk Sliced Ham, Cheese & Crackers	21 Fresh Fruit Pizza Milk Pizza Peas Pears Milk WG Cheez-Its, String Cheese
24 Biscuits & Gravy Juice Milk Grilled Nuggets WG Dinner Roll Green Beans Mandarin Oranges Milk WG Wheat Crackers, Apple Slices	25 French Toast Fresh Fruits Milk Mini Corndogs Peas Pineapple Milk WG Elf Grahams & Yogurt	26 Egg & Cheese Bagel Banana Milk Chicken Taco WG Tortilla Lettuce/Cheese Applesauce Milk WG Goldfish, Apple Slices	27 Sausage, Egg & Cheese Biscuit Juice Milk Spaghetti Hotdish WG Dinner Roll Mixed Veggies Pears Milk Corn Chips, Salsa, Cheese with Fruit	28 Banana Bread Juice Milk Pizza Sticks Cooked Carrots Peaches Milk Chex Mix and Fresh Fruit
31 Banana Bread Juice Milk Chicken Sticks WG Dinner Roll Green Beans Peaches Milk Chex Mix & Fruit				