



Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age 3. EmBe Education strives to be peanut free. 100% Fruit Juice and/or water is served with snacks. Water is available in classrooms and with all meals. Whole grain items are identified as WG.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Bagels, Cream Cheese Fresh Fruit Milk  WG Chicken Sticks WG Dinner Roll Peas Pears Milk  WG Blueberry Lemon Crispy Bite & Pudding
<b>4</b> Pancakes Strawberries Milk  Pizza Hotdish WG Dinner Roll Peas Peaches Milk  Goldfish WG & Fresh Fruit	<b>5</b> Sausage Links & Cornbread Milk  Chili WG Dinner Roll Carrots Pears Milk  Ham, Cheese, Chips & Milk	<b>6</b> Yogurt, Berries & Granola Milk  Mac & Cheese WG Dinner Roll Green Beans Apples Milk  Carrot Sticks with Ranch & Cheese Sticks	<b>7</b> Sausage Biscuits Banana Milk  Grilled Cheese Tomato Soup Mandarin Oranges Milk  Graham Crackers & Milk	<b>8</b> Egg Bites Tater Bites Milk  Chicken Drumsticks WG Dinner Roll Scalloped Potatoes Mixed Fruit Milk  Chips & String Cheese
<b>11</b> Yogurt & Berries with Granola Milk  Burgers WG Bun Fries Mandarin Oranges Milk  WG Cinnamon Crispy Bites & Fruit Salad	<b>12</b> Egg Bites Mangoes Milk  Chicken & Waffles Breakfast Potatoes Peaches Milk  Hot Pretzels & Cheese Juice	<b>13</b> Cheesy Ham & Potatoes Bake Banana/Apple Milk  Lasagna WG Dinner Roll Asparagus Pineapple Milk  Trail Mix & Apple Slices	<b>14</b> Fresh Fruit Pizza Milk  Popcorn Chicken with Sweet and Sour & Rice WG Dinner Roll Carrots/Peas Pears Milk  EmBe Lunchables	<b>15</b> Biscuits and Gravy Banana Milk  Shredded Beef WG Tortilla Lettuce/Cheese Peaches Milk  Meat Sticks & Hard Boiled Egg Bites Juice
<b>18</b> Yogurts and Berries Milk  Nuggets WG Dinner Roll Corn Pineapple Milk  Wow Butter Sandwich & Watermelon	<b>19</b> Sausage Biscuits WG Banana Milk  Philly Cheesesteak Egg Roll Broccoli Mandarin Oranges Milk  Sweet potato Crackers with Fruit Salsa	<b>20</b> Egg Bites Sausage Links Juice Milk  Sloppy Joes WG Bun Peas Mangoes Milk  String Cheese, Meat Stick, Cheez its	<b>21</b> Egg & Cheese Bagel Juice Milk  French Bread Pizza Carrots Diced Strawberries Milk  WG Veggie Wheat Thins & Milk	<b>22</b> Egg and Cheese Muffin Juice Milk  Chicken Fritters WG Dinner Roll Mashed Potatoes/Gravy Pineapple Milk  Pepperoni, String Cheese, and Cheez its
<b>25</b>  <b>Closed for Holiday</b>	<b>26</b> Belgin Waffles Diced Strawberries Milk  Meatloaf with Cheese WG Dinner Roll Green Beans Pears Milk  Cottage Cheese, Cucumbers, Crackers	<b>27</b> WG Muffin Fresh Fruit Milk  Biscuits and Gravy Tri Tater Strawberries Milk  Turkey Bites, Cubed Cheese, and Crackers	<b>28</b> Waffles Strawberries Milk  Grilled Nuggets WG Dinner Roll Carrots Mandarin Oranges Milk  Wow Butter Sandwich and Milk	<b>29</b> Breakfast Pizza Juice Milk  Hotdogs WG Bun Pickles Peaches Milk  WG Cheez its and Fresh Fruit