



APRIL



Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age 3. EmBe Education strives to be peanut free. 100% Fruit Juice and/or water is served with snacks. Water is available in classrooms and with all meals. Whole grain items are identified as WG.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Egg & Cheese WG Tortilla Juice Milk Hot Beef Sandwich WG Dinner Roll Mashed Potatoes Pears Milk WG Cheez its & String Cheese	2 Egg & Breakfast Potatoes Juice Milk WG Pizza Carrots Apple Slices Milk Banana Boats & WG Grahams	3 Breakfast Sticks Banana Milk Popcorn chicken WG Dinner Roll Scalloped Potatoes Peaches Milk String Cheese, Meat Sticks, & Crackers
6 Egg & Cheese Bagel Banana Milk WG Pizza Crunchers Peas Pineapple Milk Chips, Salsa, Cheese Sauce & Juice	7 Waffles Strawberries Milk Cheese Burgers WG Bun Cold Carrots Peaches Milk WG Elf Grahams & Yogurt	8 Breakfast Pizza Fresh Fruit Milk Chicken Drumsticks WG Dinner Roll Baked Beans Pears Milk Chex Mix & Juice	9 Banana Bread Bananas Milk Mac & Cheese WG Dinner Roll Green Beans Apple Slices Milk WG Goldfish & String Cheese	10 Bagels & Cream Cheese Juice Milk WG Chicken Nuggets WG Dinner Roll Corn Mandarin Oranges Milk Cream Cheese and Grahams with side of Fresh Fruit
13 Sausage Links & Egg Bites Juice Milk Pizza Sticks Marinara Broccoli Applesauce Milk WG Goldfish & Apple Slices	14 Waffles, & Ham Juice Milk Grilled Nuggets WG Dinner Roll Carrots Apples Milk Meat, Cheese slices, & WG Crackers	15 French Toast Sausage links Juice Milk Hot Turkey & Gravy WG Dinner Roll Mashed potatoes Peaches Milk Grahams & Banana	16 Hashbrowns & Eggs Juice Milk WG Grilled Cheese Tomato Soup Pears Milk Belvita & Fresh Fruit	17 Breakfast Potatoes Sausage Links Banana Milk Beef Taco WG Tortilla Lettuce/Cheese Mandarin Oranges Milk Baked Chips & Chip Dip with Juice
20 Breakfast Stick Banana Milk EmBe Famous Bowl WG Dinner Roll Mashed Potatoes/Gravy Strawberries Milk Pudding, Banana, & Milk	21 Egg Bites Juice Milk WG Smile Waffle Sausage Links Tri Tater Mandarin Oranges Milk Veggie Wheat Thins & Fresh Fruit	22 Waffles & Sausage Juice Milk Chicken Alfredo WG Dinner Roll Cold Carrots Pineapple Milk Crackers with Cheese & Apple Slices	23 Pancakes Banana Milk Sloppy Joes WG Bun Corn Peaches Milk Banana Boat & WG Elf Grahams	24 Yogurt Parfait Fresh Fruit Milk Hotdogs WG Bun Peas Pears Milk WG Tortilla, Cheese, with a Meat Stick
27 Waffles, Sausage Juice Milk Scalloped Potatoes and Ham WG Dinner Roll Corn Strawberries Milk Crackers & String Cheese	28 Sausage Biscuits Juice Milk WG Breaded Chicken WG Bun Green Beans Pineapple Milk Pretzels with Cheese & Fresh Fruit	29 Breakfast Pizza Watermelon Milk Cheese Burgers WG Bun Cold Carrots Pears Milk WG Cheez it & Fresh Fruit	30 Sausage Links Cornbread Juice Milk Chicken Taco WG Tortilla Lettuce/ Cheese Mandarin Orange Milk Crackers, Meat, & Cheese	