



MARCH

Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age 3. EmBe Education strives to be peanut free. 100% Fruit Juice and/or water is served with snacks. Water is available in classrooms and with all meals. Whole grain items are identified as WG.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Muffin Fresh Fruit Milk Biscuits & Gravy Tri Tater Strawberries Milk Turkey Bites, Cubed Cheese, & Crackers	3 Waffles Strawberries Milk Grilled Nuggets WG Dinner Roll Carrots Mandarin Oranges Milk Wow Butter Sandwich & Milk	4 Breakfast Pizza Juice Milk Grilled Cheese Tomato Soup Applesauce Milk WG Cheez its & Fresh Fruit	5 Egg & Cheese on a Bun Banana Milk Beef Taco WG Tortilla Lettuce & Cheese Peaches Milk Chips & Juice	6 Bagels, Cream Cheese Fresh Fruit Milk WG Chicken Strips WG Dinner Roll Peas Pears Milk WG Blueberry Lemon Crispy Bite & Pudding
9 Pancakes Strawberries Milk Pizza Hotdish WG Dinner Roll Peas Peaches Milk Goldfish WG & Fresh Fruit	10 Sausage Links & Cornbread Milk Chili WG Dinner Roll Carrots Pears Milk Ham, Cheese, Chips & Milk	11 Yogurt, Berries & Granola Milk Mac & Cheese WG Dinner Roll Green Beans Apples Milk Carrot Sticks with Ranch & Cheese Sticks	12 Sausage Biscuits Banana Milk Hotdogs WG Bun Baked Beans Mandarin Oranges Milk Graham Crackers & Milk	13 Egg Bites Tater Bites Milk Chicken Drumsticks WG Dinner Roll Scalloped potatoes Mixed Fruit Milk Chips & String Cheese
16 Yogurt Berries with Granola Milk Burgers WG Bun Fries Mandarin Oranges Milk WG Cinnamon Crispy Bites & Fruit Salad	17 Egg Bites Mangoes Milk Chicken & Waffles Breakfast Potatoes Peaches Milk Hot Pretzels with Cheese & Juice	18 Cheesy Ham & Potatoes Bake Banana, Apple Milk Lasagna WG Dinner Roll Asparagus Pineapple Milk Trail Mix & Apple Slices	19 Fresh Fruits Pizza Milk Popcorn Chicken with Sweet & Sour & Rice WG Dinner roll Carrots/Peas Pears Milk EmBe Lunchables	20 Biscuits and Gravy Banana Milk Shredded Beef WG Tortilla Lettuce & Cheese Peaches Milk Meat Sticks & Hard Boiled Egg Bites Juice
23 Yogurt & Berries Milk Nuggets WG Dinner Roll Corn Pineapple Milk Wow Butter Sandwich & Watermelon	24 Sausage Biscuits WG Banana Milk Philly Cheese Steak Egg Roll Broccoli Mandarin Oranges Milk Sweet Potato Crackers with Fruit Salsa	25 Egg Bites Sausage Links Juice Milk Sloppy Joes WG Bun Peas Mangoes Milk String Cheese, Meat Stick, Cheez-its	26 Egg & Cheese Bagel Juice Milk French Bread Pizza Carrots Diced Strawberries Milk WG Veggie Wheat Thins & Milk	27 Egg and Cheese Muffin Juice Milk Chicken Fritters WG Dinner Roll Mashed Potatoes & Gravy Pineapple Milk Pepperoni, String Cheese, & Cheez-its
30 Ham, Egg & Cheese Croissant Juice Milk Tater Tot Casserole WG Dinner Roll Mixed Veggies Mixed Fruits Milk Yogurt, Granola & Banana	31 Belgin Waffles Diced Strawberries Milk Meatloaf with Cheese WG Dinner Roll Green Beans Pears Milk Cottage Cheese, Cucumbers, Crackers			