



Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age three. EmBe's childcare centers strive to be peanut and tree nut free. Children enjoy 100% fruit juice and/or water with snacks. Water is available in classrooms and with all meals. Whole grain items are identified as WG.

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>WG Bagel and Cream Cheese Juice, Milk</p> <p>Mac and Cheese Peas Fruit Milk</p> <p>Pretzels & Yogurt</p>	<p>3</p> <p>Breakfast Bread of Choice Juice, Milk Sloppy Joe WG Bun Baked Beans Fruit Milk</p> <p>WG Bug Bites & Milk</p>	<p>4</p> <p>Cold Cereal Juice, Milk</p> <p>Chicken WG Dinner Roll Mashed Potatoes Fruit Milk</p> <p>WG Goldfish & Fruit</p>	<p>5</p> <p>WG Muffin Juice, Milk</p> <p>Hot Dog w/ Bun Cheese Curds Fruit Milk</p> <p>Wheat Thins & Pears</p>	<p>6</p> <p>WG Toast Juice, Milk</p> <p>Beef Nachos Tortilla Chips Lettuce and Cheese Fruit</p> <p>Pineapple, String Cheese</p>
<p>9</p> <p>WG Bagel and Cream Cheese Juice, Milk</p> <p>Cubed Ham Lettuce and Cheese WG Dinner Roll Fruit Milk</p> <p>WG Elf Grahams & Yogurt</p>	<p>10</p> <p>Breakfast Bread of Choice Juice, Milk</p> <p>Pizza Carrots Fruit Milk</p> <p>WG Pretzels & Fruit</p>	<p>11</p> <p>Cold Cereal Juice, Milk</p> <p>Beef Fritters Scalloped potatoes Fruit Milk</p> <p>Animal Crackers & Fruit</p>	<p>12</p> <p>WG Muffin, Juice, Milk</p> <p>WG Chicken Nuggets French Fries Fruit Milk</p> <p>WG Bug Bites & Fruit</p>	<p>13</p> <p>WG Toast Juice, Milk</p> <p>Corn Dogs Carrots Fruit Milk</p> <p>WG Cheez-Its & String Cheese</p>
<p>16</p> <p>WG Bagel and Cream Cheese Juice, Milk</p> <p>Sloppy Joes On a WG Bun Green Beans Fruit, Milk</p> <p>Chips and String Cheese</p>	<p>17</p> <p>Breakfast Bread of Choice Juice, Milk</p> <p>WG Chicken Patty Carrots Fruit Milk</p> <p>Chex -Mix & Fruit</p>	<p>18</p> <p>Cold Cereal Juice, Milk</p> <p>Cheese Burger WG Dinner Roll Corn Fruit Milk</p> <p>WG Elf Grahams & Milk</p>	<p>19</p> <p>WG Muffin, Juice, Milk</p> <p>Hotdog WG Bun Mixed vegs Fruit Milk</p> <p>Wheat Thins & Fruit</p>	<p>20 Last Day of School</p> <p>WG Toast Juice, Milk Chicken Nachos WG Dinner Roll Corn Fruit Milk</p> <p>WG Goldfish & Yogurt</p>
<p>23</p> <p>WG Bagel and Cream Cheese Juice, Milk</p> <p>Chicken Nuggets Peas Fruit Milk</p> <p>Pretzels & Yogurt</p>	<p>24</p> <p>Breakfast bread of Choice Juice, Milk</p> <p>Ham Sandwich w/ WG Bread Mashed Potatoes Fruit Milk</p> <p>WG Elf Grahams & Fruit</p>	<p>25</p> <p>Cold Cereal Juice, Milk</p> <p>Meatballs WG Dinner Roll Green Beans Fruit Milk</p> <p>Chips & String Cheese</p>	<p>26</p> <p>WG Muffin, Juice, Milk</p> <p>Beef Tacos w/ WG Tortilla Shell Corn Fruit Milk</p> <p>Chex-Mix & Fruit</p>	<p>27</p> <p>Cold Cereal Juice, Milk</p> <p>Chicken WG Dinner Roll Mashed Potatoes Fruit Milk</p> <p>WG Goldfish & Milk</p>
<p>30</p> <p>WG Bagel and Cream Cheese Juice, Milk</p> <p>Mac and Cheese Peas Fruit Milk</p> <p>Pretzels & Yogurt</p>	<p>31</p> <p>Breakfast Bread of Choice Juice, Milk Sloppy Joe WG Bun Baked Beans Fruit Milk</p> <p>WG Bug Bites & Milk</p>			