



EmBe Women's Leadership program 2019

EmBe Women's
Leadership Program
is a service project of:



www.jlsiouxfalls.org

Rooted in Legacy

Growing into Tomorrow

mission

To facilitate the development of emerging female professionals by utilizing the experiences and skills of established community leaders; to extend a hand-up to the women who will follow.

"Through Women's Leadership Program I learned so much about myself, my strengths and what is important to me. In addition to all the insight I gained through the sessions, I met a group of incredible women that I would have never met otherwise. These women have enriched my life in numerous ways and still are. Applying for this program is one of the best decisions I've made both personally and professionally."

-Shelia Volek, 2018 Program Participant

"The EmBe Women's Leadership program has been an empowering experience on my lifelong journey to be my best self. As a woman in a male dominated industry, it has been an incredible experience to build relationships with women in fields I would have scarcely crossed paths with otherwise. They inspire me and we support each other in ways that set the groundwork for defining leadership on a personal level and becoming better leaders within our families, organizations, community and/or state."

-Sara Lum, 2018 Program Participant

"I am so grateful for my experience with EmBe's Women's Leadership Program. I went into it with gusto, not only looking forward to building new relationships with strong women in the community, but also the opportunity to discover my best self. That being said, I was not prepared for just how meaningful that exploration would be! It's been an incredible journey. I was nearly uncomfortable at times analyzing my strengths, but I've since learned that pushing myself to have confidence in my capabilities is where the magic lies. Why wouldn't I have conviction in my talents? Why shouldn't I be proud of my ideas? I know this now because of the program and have grown a genuine interest in the opportunities that are surely abound in this community. EmBe's Women's Leadership Program is only the beginning, and I look forward to giving back to an organization and group of women who have renewed within me a sense of self and an overall awareness of what's possible. What a joyful experience!"

-Angela Tewalt, 2016 Program Participant

PROGRAM COMPONENTS AND TIMELINE

Retreat

Friday, January 18, 2019 8:30 am – 5:00 pm

Meet the other participants, learn details of the program expectations and explore your Myers-Briggs results. Starting at the retreat and building throughout the sessions, you will be accountable for developing a Personal Development Plan.

Identify Your Leadership Style

Thursday, January 31, 2019 12:00 pm – 5:00 pm

Understand and explore your leadership style, learn how to develop a flexible style of leading. Identify ways to manage conflict, improve your listening skills and understand emotional intelligence.

Leading Authentically

Tuesday, February 12, 2019 4:30 pm – 9:00 pm

Identify ways to lead with authenticity, what prevents us from being authentic and ways to overcome them.

Creating Diversity and Inclusiveness in Leadership

Thursday, February 28, 2019 4:00 pm – 9:00 pm

Using natural leadership characteristics to recognize and build differences in leadership.

Women and Wealth

Thursday, March 14, 2019 1:00 pm – 5:00 pm

Better understand key business functions, your relationship with money and how to negotiate successfully.

Your Community Connection

Tuesday, April 2, 2019 4:00 pm – 9:00 pm

Learn how to position yourself in the community, get active in public policy. A power-networking event and social will cap off the evening.

46th Annual Tribute to Women

Date TBD, 5:00 pm – 8:30 pm

Celebrate the achievements of area women, men and organizations at the 46th Annual Tribute to Women.

Putting it all in place

Tuesday, May 7, 2019 1:00 pm – 5:00 pm

Integrate the best of who you are at home, work and in the community.

Presentation of Personal Development Plan & Mentor Match

Thursday, May 23, 2019 5:00 pm – 7:00pm

Present your Personal Development Plan to your mentor, followed by dinner.

12-Month Mentorship

May 2019–May 2020

Graduation

May 2020

Designed by leaders in the community, EmBe Women's Leadership Program has helped empower over 200 women to reach their greatest potential. This unique program is the first of its kind in the area, and features:

- Developing leaders to have greater organizational and community impact
- Personal and professional development
- Facilitated learning opportunities and discussions led by experienced community leaders
- Guided creation of a Personal Development Plan
- 12-Month Mentorship to support plan implementation
- Ongoing networking opportunities and community event participation.

Just as EmBe led the effort to recognize the contributions of women leaders with the annual Tribute to Women event, we continue to empower women leaders through this inspiring program. As EmBe continues to celebrate over 94 years of serving women in Sioux Falls, we are excited to continue our support of women's leadership and strengthen our community.

Women in any career field can benefit from this intensive course, which combines a strong personal development focus along with valuable professional development experiences. Participants will also gain the opportunity to create important personal and professional relationships with other future leaders, mentors and facilitators for lifetime support.

- Within the first six years of the EmBe Women's Leadership Program, over 475 applications were received for 200 participant spots.
- Over 365 community leaders (both men and women) have served as presenters/panelists and mentors in the last four years.
- 40 area businesses and over 32 individual donors have invested in the program.
- According to evaluation results from the 2017 class, 95% of participants said their lives were better because of their participation in this program.

You will be assigned a mentor, if you don't already have one, to support and guide you through the first 12 months of the implementation of your Personal Success Plan.

Details:

Application Deadline:

Thursday, October 25, 2018 at 5:00 pm

Register online at www.embe.org/leadership

There is a \$30.00 non-refundable application fee. Please include check or billing information with application.

Class size: 25 participants

Cost: \$475 plus any applicable tax (actual value exceeds \$2,000)

The program fee is payable at the time of acceptance and is non-refundable. Participants who are selected but fail to meet the time commitment are dropped from the program and will not receive a refund. Open to all women who are interested in expanding their leadership potential.

Commitment: Participants are expected to attend the retreat and all sessions.

Mentors Needed:

If you have a passion for the development of others, and want to extend a hand to up-and-coming leaders, we invite you to apply to become a mentor in the Leadership Program. This is a once-a-month minimum commitment for a 12-month period running May 2019 to May 2020. You must be able to attend the Presentation of Personal Development Plan & Mentor Match on Thursday, May 23, 2019 from 5:00 pm–7:00 pm.

Applications available at www.embe.org/leadership.

For more information, contact Erin Bosch at EmBe, **605-610-0665** or ebosch@embe.org.

EmBe

620 W 18th St | Sioux Falls, South Dakota 57104

www.embe.org/leadership